

Final M.D. Ayurveda (Swastha Vritta) (2017)
Examination, Winter (Phase - II) - 2021
VAIYAKTIKA SWASTHAVRITTAM SADVRITTAM CHA - I

Total Duration : 3 Hours

Total Marks : 100

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All** questions are **compulsory**.
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
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 - 7) **Use** a common answerbook for **all** sections.

1. दीर्घोत्तरी प्रश्न:

[1 × 15 = 15]

Long answer question:

आहार वर्ग वर्गीकरण चरक, सुश्रुत व वाग्भट आचार्यानुसार आहार घटकांचे विस्तृत वर्णन करा.

Write Classification of Aahar Varga as per Charak, Sushrut and Vagbhat Acharya and describe in detail composition of Proximal Principles of food as per modern science.

2. दीर्घोत्तरी प्रश्न:

[1 × 15 = 15]

Long answer question:

त्रयोपस्तंभ वर्णन करून त्याचा आजच्या युगातील रोगप्रतिबंधात्मक महत्व सविस्तर स्पष्ट करा.

Describe Trayopasthambha and explain its importance as preventive measures in today's Era.

3. दीर्घोत्तरी प्रश्न:

Long answer question:

विरूद्धाहार व्याख्या व प्रकार लिहून विरूद्धाहार सेवनजन्य व्याधी व सद्यःकालीन विरूद्धाहाराचे स्वास्थ्यावर होणारे परिणाम सविस्तर लिहा.

Define Virudha aahara, its types and diseases caused by its and explain impact of virudha aahara on health.

4. दीर्घोत्तरी प्रश्न:

[1 × 15 = 15]

Long answer question:

ऋतुचर्या म्हणजे काय? विसर्गकालीन ऋतुची ऋतुचर्या सविस्तर वर्णन करून त्याचे आजच्या काळातील महत्व स्पष्ट करा.

Define Ritucharya, Explain Ritu's of Visargakala and its importance in today's life.

5. लघुत्तरी प्रश्न (दहापैकी कोणतेही आठ):

[8 × 5 = 40]

Short answer question (any eight out of ten):

a) आचार रसायनाचे महत्व.

Importance of Aachar Rasayana.

b) मंड, पेया आणि विलेपी व्याख्या.

Definition of Manda, Peya and Vilepi.

c) धारणीय वेगांचे स्वास्थ्य रक्षणातील महत्व.

Explain the importance of Dharaniya Vega in Swasthya Rakshana.

d) निद्रा स्वास्थ्य संबंध.

Co-relation between Nidra and Swasthya.

- e) यमदंष्ट्रा म्हणजे काय? त्याचे महत्व लिहा.

Write Yamadanshtra and its importance.

- f) दंतधावनार्थ उपयुक्त काष्ठ व दंतधावन निषिद्ध अवस्था ससंदर्भ लिहा.

Write with reference the drug used for Dant Dhavan and the conditions in which Dant Dhavan is prohibited.

- g) सक्रिय व्याधीक्षमत्वाचे प्रकार सोदाहरण स्पष्ट करा.

Write Active Immunity, its types with examples.

- h) रात्रीचर्या महत्व.

Explain Importance of Ratricharya.

- i) जेनोमिक्स आणि स्वास्थ्य संबंध.

Explain Relation of Genomics with status of health.

- j) ऋतु हरितकी.

Write note on Ritu Haritaki.



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SAMAJIKA SWASTHAVRITTAM (COMMUNITY HEALTH) - II

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1. दीर्घोत्तरी प्रश्न : [1 × 15 = 15]

Long answer question:

नैसर्गिक व कृत्रिम वायुविज्ञानाचे विविध प्रकार वर्णन करून अशुद्ध वायुमुळे होणाऱ्या व्याधींची नावे लिहा. आयुर्वेदानुसार वायुशुद्धी स्पष्ट करा.

Describe Natural & mechanical types of ventilation and give the names of diseases caused by air pollution. Explain air purification according to Ayurveda.

2. दीर्घोत्तरी प्रश्न : [1 × 15 = 15]

Long answer question :

विसंक्रमण व्याख्या, विविध प्रकार लिहून आदर्श विसंक्रामक द्रव्याचे गुणधर्म लिहा.

Describe the meaning of disinfection, types and write the properties of ideal disinfectant.

3. दीर्घोत्तरी प्रश्न :

[1 × 15 = 15]

Long answer question :

शालेय आरोग्य कार्यक्रमाचा उद्देश्य लिहून त्यामध्ये आयुर्वेदाचे योगदान स्पष्ट करा.

Describe objectives of School Health Services and explain the role of Ayurveda in the same.

4. दीर्घोत्तरी प्रश्न :

[1 × 15 = 15]

Long answer question :

वार्धक्यजन्य समस्यावर आयुर्वेदाचे योगदान स्पष्ट करा.

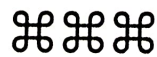
Explain role of Ayurveda in Geriatrics.

5. लघुत्तरी प्रश्न (दहापैकी कोणतेही आठ) :

[8 × 5 = 40]

Short answer question (any eight out of ten) :

- आयुर्वेदानुसार गर्भनिरोधक पद्धती.
Ayurvedic methods of birth control.
- राष्ट्रीय लसीकरण कार्यक्रम.
National Immunization Programme.
- आयुर्वेदानुसार जलशुद्धीकरण पद्धती लिहा.
Write Ayurvedic methods of water purification.
- जैविक कचरा विल्हेवाट.
Biomedical Waste Management.
- औद्योगिक स्वास्थ्यामध्ये आयुर्वेदाचे योगदान.
Role of Ayurveda in Occupational Health.
- जीवनशैलीजन्य विकारात स्वस्थवृत्ताचे महत्व.
Importance of Swasthavritta in lifestyle disorders.
- व्यायामाचे लाभ व अनार्हता ससंदर्भ लिहा.
Write benefits of Vyayam and its contraindication. Give the reference.
- राज्यकामगार विमा योजना.
Employee State Insurance Scheme.
- कुटुंब नियोजनाच्या अस्थायी पद्धती.
Temporary methods of family planning.
- चरकानुसार सुतिकागार.
Sutikagara according to Charaka.



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1. दीर्घोत्तरी प्रश्न:

[1 × 15 = 15]

Long answer question:

जागतिक आरोग्य संघटनेनुसार स्वास्थ्याची व्याख्या, परिमाण लिहून स्वस्थ पुरुषाची आयुर्वेदानुसार ससंदर्भ व्याख्या लिहा.

Define health as per World Health Organization. Describe the dimensions of health and write the ideal definition of Swasth-Purush according to Ayurveda. Give the reference.

2. दीर्घोत्तरी प्रश्न:

[1 × 15 = 15]

Long answer question:

ऋतु हरितकीचे महत्त्व लिहून ग्रीष्म ऋतुचर्या सविस्तर वर्णन करा.

Write the importance of Ritucharitaki and explain Ritucharya of Grishma Ritu in detail.

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[1 × 15 = 15]

3. दीर्घोत्तरी प्रश्न:

Long answer question:

चरकोक्त नित्यसेवनिय द्रव्ये सांगुन सद्यः कालीन विरुद्धाहाराचे सोदाहरण स्पष्ट करुन स्वास्थ्यावर होणारा परिणाम लिहा.

Write Charakokta Nityasevaniy Dravya and explain Viruddhahara with various examples in present era and its impact on health.

4. दीर्घोत्तरी प्रश्न:

[1 × 15 = 15]

Long answer question:

विविध आचार्यानुसार धूमपानाचे प्रकार लिहून त्याचा विधी, काल व लाभ ससंदर्भ सविस्तर वर्णन करा.
Write types of Dhumapan according to various Acharya and explain Vidhi, Kal and benefits of Dhumapan in detail with reference.

5. लघुत्तरी प्रश्न (दहापैकी कोणतेही आठ):

[8 × 5 = 40]

Short answer question (any eight out of ten) :

- ✓ a) दुग्धपाश्चरायझेशन.
Pasteurization of milk.
- ✓ b) अतिकृशत्वाची कारणे, लक्षणे व उपाय.
Causes, sign and preventive measures for Atikrushatva of person.
- ✓ c) व्याधिक्षमत्व आयुर्वेदीय संकल्पना स्पष्ट करा.
Describe immunity according to Ayurveda.
- d) अष्टांग हृदयानुसार अन्नसेवन क्रम वर्णन करा.
Write Annasevankram according to Ashtanghrudayam.
- ✓ e) दशविधपापकर्म ससंदर्भ सविस्तर वर्णन करा.
Describe Dashvidhpakkarma in detail. Give the reference.
- ✓ f) सौविरांजनाचे वर्णन करा.
Describe Sauviranjana.
- g) सेवनविधीनुसार आहाराचे प्रकार लिहा.
Write types of food according to 'Sevan Vidhi'.
- ✓ h) ब्रम्हचर्य व अब्रम्हचर्य या संकल्पना स्पष्ट करा.
Describe Bramhacharya and Abramhacharya in detail.
- ✓ i) अम्लपित्त व्याधीतील पथ्यापथ्य आहार आणि विहार लिहा.
Write Pathyapathya Aahar and Vihar in Amlapitta Vyadhi.
- ✓ j) चरकोक्त निद्रा प्रकार.
Types of Nidra as per Charaka.

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1. दीर्घोत्तरी प्रश्न:

[1 × 15 = 15]

Long answer question:

जीवनशैलीजन्य विकार व असंसर्गिक विकार कोणते ते लिहून प्रतिबंधनार्थ आयुर्वेदाचे योगदान सविस्तर स्पष्ट करा.

Write life style disorders and non-communicable diseases also explain Role of Ayurveda to prevent it.

2. दीर्घोत्तरी प्रश्न:

[1 × 15 = 15]

Long answer question:

राष्ट्रीय लसीकरण कार्यक्रम सविस्तर वर्णन करून बी.सी.जी. व एम्.एम्.आर्. लसीबाबत सविस्तर वर्णन करा.

Write National Vaccination Programme in brief and describe M.M.R. and B.C.G. vaccine in detail.

3. दीर्घोत्तरी प्रश्न:
Long answer question:
जैविक घनकचरा निर्मुलनाच्या विविध पद्धती लिहून बायोमेडिकल वेस्ट ॲक्ट सविस्तर लिहा.
Describe different methods of Biomedical waste disposal and write Biomedical Waste Act in detail.

[1 × 15 = 15]

4. दीर्घोत्तरी प्रश्न:
Long answer question:
वार्धक्यजन्य समस्या कोणत्या ते लिहून वृद्ध समस्या निवारणार्थ आयुर्वेदोक्त उपाय लिहा.
Write old age problems and describe Role of Ayurveda in Geriatric care.

[8 × 5 = 40]

5. लघुत्तरी प्रश्न (दहापैकी कोणतेही आठ):
Short answer question (any eight out of ten) :

- कामगार विमा योजना.
Explain ESI Act.
- अशुद्ध जल जन्य व्याधी.
Write water borne diseases.
- एम.टी.पी. ॲक्ट १९७१.
M.T.P. Act. 1971.
- पंचकर्मगार.
Describe Panchakarmagara.
- कॉपरटीचे फायदे व तोटे.
Explain Advantages and disadvantages of copper T.
- विसंक्रमण प्रकार लिहा.
Write types of disinfection.
- शालेय स्वास्थ्य कार्यक्रम.
Write School Health Programme.
- वायूप्रदुषण कारणे व प्रतिबंधक उपाय.
Causes of Air Pollution and methods of Prevention of Air Pollution.
- राष्ट्रीय लोकसंख्या योजना कार्यक्रम.
Explain National Population Policy.
- संतति प्रतिबंधक गोळ्या (Combined Pills)
Describe contraceptive pills (Combined Pills).

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SAMKRAMAKA ROGA PRATISHEDHAM EVAM
SWASTHYAPRASHASANAM - III

Total Duration : 3 Hours

Total Marks : 100

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 - 7) Use a common answerbook for **all** sections.

1. दीर्घोत्तरी प्रश्न:

[1 × 15 = 15]

Long answer question:

राष्ट्रीय व्हेक्टर बॉर्न डिजीसेस नियंत्रण कार्यक्रम सविस्तर लिहा.

Describe National Vector borne disease control Programme in detail.

2. दीर्घोत्तरी प्रश्न:

[1 × 15 = 15]

Long answer question:

कुप्रसंगज व्याधी म्हणजे काय? ते लिहून एडस् व्याधीचे निदान, लक्षण व प्रतिबंधात्मक उपाय लिहा.

Define sexually transmitted diseases. Write AID's diagnosis, symptoms and preventive measures.

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[1 × 15 = 15]

3. दीर्घोत्तरी प्रश्न:
Long answer question:
स्वास्थ्य प्रशासन म्हणजे काय? केंद्रीय व राज्यस्तरीय स्वास्थ्य प्रशासनाचे सविस्तर वर्णन करा.
What is Health Administration? Describe central and state level health administration in detail.
[1 × 15 = 15]

4. दीर्घोत्तरी प्रश्न:
Long answer question:
जीवनसंबंधी सांख्यिकी सविस्तर वर्णन करा. जन्म-मृत्यु दर काढण्याचे सूत्र लिहून सध्याचा भारतातील जन्म-मृत्यु दर लिहा.
Describe in detail Vital statistics. Write the equation of birth & death rate estimation. Mention the current birth & death rate in India.
[8 × 5 = 40]

5. लघुत्तरी प्रश्न (दहापैकी कोणतेही आठ):
Short answer question (any eight out of ten):
- a) आयुष विभागाच्या संशोधनाच्या योजना लिहा.
Write about Research Grants of AYUSH.
 - b) जनपदोद्ध्वंस अनियत आतंकप्राय हेतू लिहा.
Write Aniyat Atankapraya Hetu of Janopadaudhwansa.
 - c) एम.डी.टी. (बहुविध औषध थेरेपी).
Write multiple Drug Therapy (MDT) in brief.
 - d) सामग्री संकलन.
Data Collection.
 - e) राजयक्ष्मा प्रयोगशालेय निदान.
Write Pathological diagnostic methods of Tuberculosis.
 - f) आपादकालीन व्यवस्था व पूर्वतयारी.
Disaster Management and preparedness.
 - g) रॉकफेलर फाऊंडेशन.
Write Rockfellar foundation in brief.
 - h) संक्रामक व्याधी आयुर्वेदिक दृष्टिकोन.
Write Ayurvedic view of Sankramak Rogas.
 - i) एन्डेमिक व्याख्या सोदाहरण स्पष्ट करा.
Define Endemic with examples.
 - j) इमर्जिंग व्याधी व आयुर्वेदिक उपाय योजना.
Emerging diseases and role of Ayurveda in it.

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YOGA AND NISARGOPACHARA - IV**

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1. दीर्घोत्तरी प्रश्न: [1 × 15 = 15]

Long answer question:

हठयोग व घेरंड संहितेनुसार यौगिक षट्क्रियांचे सविस्तर वर्णन करा.

Describe Yogic Shatkriyas as per Hathayoga and Gheranda Samhita in detail.

2. दीर्घोत्तरी प्रश्न: [1 × 15 = 15]

Long answer question:

अष्टांग योग क्रमाने लिहून ससंदर्भ लिहून यम व नियमांचे प्रकार, ससंदर्भ लिहून आजच्या युगातील त्यांचे महत्त्व स्पष्ट करा.

Write Ashtang Yog in sequence and describe types of Yama & Niyam with reference and importance of it in today's era.

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[1 × 15 = 15]

3. दीर्घोत्तरी प्रश्न:

Long answer question:

निसर्गोपचाराचे मुलभूत सिद्धांत लिहून जलचिकित्सा सविस्तर वर्णन करा.

Write Basic Principles of Naturopathy and describe Jal Chikitsa (Water Therapy).

4. दीर्घोत्तरी प्रश्न:

[1 × 15 = 15]

Long answer question:

पश्चिमोत्तानासन, मयुरासन व हलासन सविस्तर वर्णन करा.

Describe in detail Pashchhimottanasan, Mayurasan and Halasan.

5. लघुत्तरी प्रश्न (दहापैकी कोणतेही आठ):

[8 × 5 = 40]

Short answer question (any eight out of ten) :

a) त्रिबंध विधी व लाभ.

Describe Method and benefits of Tribandha.

b) नैष्टिकी चिकित्सा.

Describe Naishtiki Chikitsa.

c) मृत्तिका चिकित्सा.

Describe Mud Therapy in brief.

d) योग निरुक्ति व व्याख्या.

Write Yoga Nirukti and definition.

e) मोक्षलक्षण व मुक्तात्मा लक्षण.

Describe Moksha Lakshan and Muktatma Lakshan.

f) मर्दन प्रकार व लाभ.

Write types and benefits of Massage.

g) हेलिओ थेरेपी.

Write Helio therapy.

h) योगसिद्धिकर भाव लिहा.

Write Yoga Siddhikar Bhava.

i) मुद्रा प्रकार व लाभ.

Write Mudra types and benefits.

j) त्राटकविधी, प्रकार व लाभ.

Describe Tratak procedure types and benefits.



Final M.D. Ayurveda (Swasthavritta) (2017) Examination,
Winter - 2022

VAIYAKTIKA SWASTHAVRITTAM SADVRITTAM CHA - I

Total Duration : 3 Hours

Total Marks : 100

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) Do not write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answer book for all sections.

1. दीर्घोत्तरी प्रश्न :

Long answer question :

[1 × 15 = 15]

विरुध्दान्न म्हणजे काय? त्याचे आयुर्वेद नुसार प्रकार स्पष्ट करा व त्याचे शरीरावर होणारे परिणाम अर्वाचीन शास्त्रानुसार स्पष्ट करा.

What is incompatible diet? Write its type according to Ayurved and write its effects on health according to modern science.

2. दीर्घोत्तरी प्रश्न :

Long answer question :

[1 × 15 = 15]

रसायन व वाजीकरणाचे स्वस्थ व्यक्तीच्या दृष्टीने महत्व स्पष्ट करा.

Explain the importance of Rasayan & Vajikaran according to Swastha.

3. दीर्घोत्तरी प्रश्न :

Long answer question :

[1 × 15 = 15]

आहाराचे चरकोक्त वर्गीकरण स्पष्ट करा.

Write the classification of food according to Charaka.

4. दीर्घोत्तरी प्रश्न :

[1 × 15 = 15]

Long answer question :

आयुर्वेदानुसार दिनचर्येच्या क्रमामध्ये चरक, सुश्रुत व वाग्भट यांनी केलेले वेगळेपण स्पष्ट करा.

Describe the variation in the sequence of dincharya made by Charak, Sushrut & Vaghbhat.

5. लघुत्तरी प्रश्न (दहापैकी कोणतेही आठ) :

[8 × 5 = 40]

Short answer question (any eight out of ten) :

a) अर्धशक्ती व्यायाम म्हणजे काय?

What is Ardhashakti Vyayam?

b) आम्लपित्त व्याधीमध्ये पथ्यापथ्य आहार व विहार.

Pathya Apathya Aahar and Vihar in Amlapitta Vyadhi.

c) शाकाहारी व मांसाहारी अन्न फायदे व तोटे.

Pros & cons of vegetarian & no vegetarian food.

d) ऋतु हारितकी.

Rutu Haritaki.

e) व्याधिक्षमत्व अर्वाचीन शास्त्रानुसार स्पष्ट करा.

Describe Immunity according to modern science.

f) नित्य रसायन.

Nitya Rasayan.

g) Nutrigenomics म्हणजे काय?

What is Nutrigenomics?

h) मानसिक अस्वास्थ्यामध्ये आयुर्वेदाचे महत्त्व.

Importance of Ayurveda in Mental Health.

i) व्हीटॅमिन ए च्या न्यूनतेमुळे होणारे शारीरिक परिणाम व त्याची मात्रा.

Write deficiency disorders of vitamin A and write its daily requirement.

j) धारणीय वेग.

Dharaniya Vega.



**Final M.D. Ayurveda (SwasthaVritta) (2017) Examination,
Winter - 2022
SAMAJIKA SWASTHAVRITTAM (Community Health) - II**

Total Duration : 3 Hours

Total Marks : 100

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) Do not write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full marks**.
 - 5) Draw diagrams **wherever necessary**.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answer book for all sections.

1. दिर्घोत्तरी प्रश्न : [1 × 15 = 15]
Long answer question :
डेमोग्राफी म्हणजे काय? Demographic cycle स्पष्ट करा.
What is Demography? Describe Demographic cycle in detail.
2. दिर्घोत्तरी प्रश्न : [1 × 15 = 15]
Long answer question :
विसंक्रमण पद्धतींचे आधुनिक मतानुसार वर्गिकरण करून आधुनिक आणि आयुर्वेद वर्णित उपाय स्पष्ट करा.
Write down disinfections according to modern science and explain remedies as described in modern science & Ayurveda.
3. दिर्घोत्तरी प्रश्न : [1 × 15 = 15]
Long answer question :
आदर्श संततिनियमनाचे निकष कोणते गर्भनिरोध संकल्पना स्पष्ट करा.
What are the criteria for ideal contraceptive? Explain concept of Contraception.

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[1 × 15 = 15]

4. दिर्घोत्तरी प्रश्न :

Long answer question :

जैविक कचरा व्यवस्थापन वर्णन करून जैविक कचरा कायदा 1998, 2016 लिहा.
Describe Biomedical Waste management and write biomedical waste Act 1998, 2016.

5. लघुत्तरी प्रश्न (दहा पैकी कोणतेही आठ) :

Short answer question (any eight out of ten) :

[8 × 5 = 40]

- शवविनाशाच्या विविध पद्धती लिहा.
Write various methods of disposal of dead body.
- व्याधी उत्पत्ती कारणे.
Web of causation of diseases.
- जलशुद्धीकरणाचे आयुर्वेदीक सुश्रुतोक्त प्रकार.
Water purification methods by Sushrut.
- शीत साखळी
Cold Chain
- आय सी डी
ICD - International Classification of Diseases.
- भूमीदृष्टीची कारणे लिहा.
Write the causes of Bhumidushti
- कर्णपालिभेदना
Karnapalibhedana
- आदर्श विद्यालय बद्दल माहिती लिहा.
Write about ideal school.
- इन्सीनरेशन बद्दल लिहा.
Write on Incineration.
- वृद्ध परिचर्येमध्ये स्वस्थवृत्ताची भूमिका.
Role of Swasthavritta in Geriatric Care.

□□□

Final M.D. Ayurveda (Swasthvritta) (2017)
Examination, Winter - 2022
SAMKRAMAKA ROGA PRATISHEDHAM EVAM
SWASTHYAPRASHASANAM - III

Total Duration : 3 Hours

Total Marks : 100

- Instructions :**
- 1) Use **blue/black** ball point pen only.
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 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full marks**.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answer book for all sections.

1. दिर्घोत्तरी प्रश्न : [1 × 15 = 15]

Long answer question :

साथीच्या आजारामध्ये अर्वाचीन शास्त्रानुसार कोणत्या प्रकारची तपासणी केली जाते ते सविस्तर लिहा.

Write investigations for communicable diseases according to Modern science in details.

2. दिर्घोत्तरी प्रश्न : [1 × 15 = 15]

Long answer question :

डेंग्यु या आजाराचे कारणीभूत घटक, लक्षणे, संक्रमण स्रोत, प्रसार माध्यम, संचय काळ, प्रतिबंधात्मक व नियंत्रणाचे उपाय सविस्तर लिहा.

Describe agent factors, signs & symptoms, source of infection, mode of transmission, incubation period, preventive and control measures of Dengue.

3. दिर्घोत्तरी प्रश्न : [1 × 15 = 15]

Long answer question :

आयुष संस्थेची उद्दीष्टे, हेतु, रचना, कार्य, आरोग्य धोरण स्पष्ट करा.

Describe aims, objectives, structure, function and health policies of AYUSH.

N - 1505

P.T.O

1) Communitarianism

2) Dengue

3) AYUSH - Aim, objective, function, health policies

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[1 × 15 = 15]

4. दिर्घोत्तरी प्रश्न :

Long answer question :

संक्रामक रोग आयुर्वेदाच्या दृष्टीने स्पष्ट करा.

Explain Ayurvedic views of Samkramaka Rogas.

[8 × 5 = 40]

5. लघुत्तरी प्रश्न (दहा पैकी कोणतेही आठ) :

Short answer question (any eight out of ten) :

a) जागतिक आरोग्य संघटना स्पष्ट करा.

Explain World Health Organisation.

b) सुश्रुतानुसार संक्रामक व्याधि.

Samkramaka Rogas according to Sushruta.

c) अनियत आतंकप्राय हेतू म्हणजे काय?

What is the meaning of Aniyat Atankpray Hetu?

d) मरक.

Epidemic

e) राष्ट्रीय अंधत्व निवारण कार्यक्रम.

National blindness control programme.

f) सामग्री संकलन.

Data collection

g) स्वच्छ भारत अभियान.

Swachha Bharat Abhiyan

h) इपिडेमिओलॉजीचे उपयोग.

Uses of Epidemiology

i) आशावावत थोडक्यात माहिती द्या.

Write in short about ASHA.

j) लैंगिक संबंधाद्वारे पसरणारे व्याधी व त्यांचे जंतू.

Sexually transmitted diseases & their causative agents.



[Total No. of Pages : 3

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Final M.D. Ayurveda (Swasthavritta) (2017) Examination,
Winter - 2022

YOGA AND NISARGOPACHARA - IV

Total Duration : 3 Hours

Total Marks : 100

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not** write anything on the **blank portion of the question paper**. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answer book for all sections.

1. दीर्घोत्तरी प्रश्नः

[1 × 15 = 15]

Long answer question:

हठयोग व घेरंड संहितेनुसार यौगिक षटक्रियांचे सविस्तर वर्णन करा.

Describe Yogic Shatkriya as per Hathayog and Gheranda Samhita in detail.

2. दीर्घोत्तरी प्रश्नः

[1 × 15 = 15]

Long answer question:

निसर्गोपचाराचे मूलभूत सिद्धांत लिहून मृत्तिका चिकित्सा सविस्तर वर्णन करा.

Write basic principal of Naturopathy and describe Mruttika Chikitsa in detail.

N - 1506

P.T.O.

1) वलकीया (हठयोग व १२५)

2) श्री. भूभूत सिद्धांत - भूभूत सिद्धांत

CAC010082017204

[1 × 15 = 15]

3. दीर्घोत्तरी प्रश्न:

Long answer question:

अर्वाचीन व आयुर्वेदिक शास्त्रानुसार योग थेरपीचे मानसिक स्वास्थ्या वरील योगदान सविस्तर वर्णन करा.
Describe in detail contribution of Yog Therapy on mental health according to Ayurveda and Modern science.

[1 × 15 = 15]

4. दीर्घोत्तरी प्रश्न:

Long answer question:

अष्टांग योगाचे क्रमाने वर्णन करून अतःरंग योगाचे सविस्तर वर्णन करा.
Write Ashtang Yog in sequence and describe Antarang Yog in detail.

[8 × 5 = 40]

5. लघुत्तरी प्रश्न (दहापैकी कोणतेही आठ):

Short answer question (any eight out of ten):

- गर्भाशयगत व्यांधीमध्ये उपयुक्त असलेल्या यौगिक क्रिया.
Yogic Practices beneficial in uterine disorders.
- मोक्ष संकल्पना
Concept of Moksha.
- भगवतगीतेनुसार कर्मयोग.
Karmayoga as per Bhagavad Gita.
- विभिन्न मुद्रा व त्यांचे लाभ.
Various Mudra and its benefits.
- स्थूल, सुक्ष्म व कारण शरीर संकल्पना स्पष्ट करा.
Concept of Sthula, Sukshma & Karan shariras.

- f) कुंडलीनी संकल्पना स्पष्ट करा.
Explain the concept of Kundalini.
- g) हेलीओ थेरपी.
Helio Therapy.
- h) उड्डियान बंध विधी व लाभ वर्णन करा.
Describe method and benefits of Uddiyan Bandha.
- i) मर्दनाचे प्रकार व त्याचे परिणाम लिहा.
Write types of massage and their effects.
- j) स्पष्ट करा “समतत्वं योग उच्यते”
Explain ‘Samatwan Yog Uchyate’



[Total No. of Pages : 3

33153

Final M.D. Ayurveda (SwasthaVritta & Yoga) (2012) Examination,
Winter - 2022

**SAMKRAMAKA ROGA PRATISHEDHAM EVAM
SWASTHYAPRASHASANAM - III**

(Syllabus of Final MD Ayurveda-2012 is Applicable to Old/New/
2010 Students w.e.f. Summer 2015 Examinations)

Total Duration : 3 Hours

Total Marks : 100

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not** write anything on the **blank portion of the question paper.** If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full marks.**
 - 5) Draw diagrams **wherever necessary.**
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 - 7) Use a common answer book for all sections.

1. दीर्घोत्तरी प्रश्नः

[1 × 15 = 15]

Long answer question:

डेंग्यू व्याधीची लक्षणे, परिक्षण सांगून प्रतिबंधक उपाय आयुर्वेद व आधुनिक पद्धतीने स्पष्ट करा.

Describe symptoms, investigations and prevention of Dengue. Also explain Ayurvedic methods of prevention of Dengue.

2. दीर्घोत्तरी प्रश्नः

[1 × 15 = 15]

Long answer question:

व्याधिक्षमत्व वर्णन करून स्वस्थवृत्ताच्या आधारावर व्याधिक्षमत्व वाढविण्याच्या उपाय योजना सांगा.

Explain Immunity and describe Immunomodulatory methods as per Swasthavritta.

N - 1500

P.T.O.

33153

3. दीर्घोत्तरी प्रश्न:

[1 × 15 = 15]

Long answer question:

जैविक घनकचरा निवारण व त्यासंबंधी कायदा व त्याचे वर्गिकरण करा.

Describe Biomedical waste classification managements & laws related to it.

4. दीर्घोत्तरी प्रश्न:

[1 × 15 = 15]

Long answer question:

भारतातील स्वास्थ्य प्रशासन विस्तृत वर्णन करा.

Describe Health administration in India.

5. लघुत्तरी प्रश्न (दहापैकी कोणतेही आठ):

[8 × 5 = 40]

Short answer question (any eight out of ten):

a) आपदा व्यवस्थापनातील आपत्ती पूर्वतयारी

Disaster preparedness in disaster management.

b) टीपा लिहा – आरोग्यवर्धिनी केंद्र

Write short note on Aarogyavardhini Centres.

c) यात्रींसाठी पृथक्करण

Isolation & Quarantine for travellers.

d) रासायनिक विसंक्रमण

Chemical disinfection

e) कॉक्स व्याधीची चिकित्सा – टीप लिहा.

Write short note on Koch's disease management

f) जनपदोद्ध्वंस चे हेतू

Hetu of Janapadodhwamsa

g) आयुष – टीप लिहा.

Write short note on AYUSH

h) झोनोसिस ची व्याख्या लिहून सोदाहरण स्पष्ट करा.

Define Zoonosis with suitable examples.

i) व्याधी प्रसारणाची माध्यमे सोदाहरण स्पष्ट करा.

Explain modes of disease transmission and states its examples.

j) कोविड – 19 च्या विविध लसी

Various Vaccine available against Covid-19



[Total No. of Pages : 2

33154

Final M.D. Ayurveda (Swastha Vritta and Yoga) (2012)
Examination, Winter - 2022
YOGA - IV

(Syllabus of Final M.D. Ayurveda - 2012 is applicable to Old/New 2010 Students w.e.f. Summer 2015 Examinations)

Total Duration : 3 Hours

Total Marks : 100

- Instructions :**
- 1) Use **blue/black** ball point pen only.
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 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answer book for all sections.

1. दीर्घोत्तरी प्रश्न :

[1 × 15 = 15]

Long answer question :

अष्टांग योग ससुत्र स्पष्ट करा.

Explain Ashtang yog with sutras.

2. दीर्घोत्तरी प्रश्न :

[1 × 15 = 15]

Long answer question :

भस्त्रिका व सूर्यभेदन प्राणायाम यांचे विधि, लाभ शास्त्रीय दृष्ट्या स्पष्ट करा.

Elaborate standard operating procedure of Bhastrika and Suryabhedana Pranayam with their benefits as per text.

3. दीर्घोत्तरी प्रश्न :

[1 × 15 = 15]

Long answer question :

त्रयमेकत्र संयमः । सूत्र स्पष्ट करा.

Explain the quote.

N - 1501

P.T.O

4. दीर्घोत्तरी प्रश्न :

Long answer question :

बिबन्ध व्याधिवर योग आणि निसर्गोपचारातील संपूर्ण चिकित्सा लिहा.

Write interventions of Yoga and Nisargopachar in constipation.

5. लघुत्तरी प्रश्न (दहापैकी कोणतेही आठ) :

[8 × 5 = 40]

Short answer question (any eight out of ten) :

- अनाहत चक्र.
Anahat chakra
- अत्यार्तव आणि मृत्तिका चिकित्सा.
Menorrhagia and Mud therapy
- अहिंसा, यम स्पष्ट करा.
Explain Ahimsa & yam
- अष्ट ऐश्वर्य.
Ashta Aaishwarya
- शिर्षासन विधि लाभ.
Procedure and benefits of Shirshasan
- योगासन आणि पृष्ठकटीशूल.
Intervention of yogasan in backache
- नेती उपद्रव्य व्यवस्थापन.
Management of complication of Neti.
- योग सिद्धीकर भाव
Yog Siddhikar bhav
- चित्तवृत्ति.
Chittavrutti
- त्राटक.
Tratak.



[Total No. of Pages : 3

33153

Final M.D. Ayurveda (Ayurveda Vachaspati - Swastha Vritta & Yoga) (2012) Examination, (Phase - II) Summer - 2022

SAMKRAMAKA ROGA PRATISHEDHAM EVAM
SWSTHYAPRASHASANAM - III

(Syllabus of Final M.D. Ayurveda - 2012 is applicable to Old/
New/2010 Students w.e.f. Summer 2015 Examination)

Total Duration : 3 Hours

Total Marks : 100

- Instructions :**
- 1) Use **blue/black** ball point pen only.
 - 2) **Do not** write anything on the **blank portion of the question paper.** If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All** questions are **compulsory.**
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) **Use** a common answerbook for **all** sections.

1. दीर्घोत्तरी प्रश्न :

[1×15=15]

Long answer question :

कुप्रसंगज व्याधी कोणते आहेत ते सांगुन प्रतिबंधकत्व उपाय लिहा.

Which are the sexually transmitted diseases? How they are controlled?

N - 8478

P.T.O.

33153

[1×15=15]

2. दीर्घोत्तरी प्रश्न :

Long answer question :

संक्रमण शास्त्राची आधुनिक संकल्पना स्पष्ट करा.

What is modern concept of Epidemiology?

3. दीर्घोत्तरी प्रश्न :

[1×15=15]

Long answer question :

बायो मेडीकल वेस्ट मॅनेजमेंटविषयी सविस्तर लिहा.

Write details about Bio medical waste management?

4. दीर्घोत्तरी प्रश्न :

[1×15=15]

Long answer question :

आयुष आणि राष्ट्रीय ग्रामीण आरोग्य अभियान कार्यक्रमांबाबत सविस्तर लिहा.

Write details about Ayush and NRHM programmes.

5. लघुत्तरी प्रश्न (दहापैकी कोणतेही आठ) :

Short answer question (any eight out of ten) :

- a) राष्ट्रीय कुटुंब कल्याण कार्यक्रम.
National Family Welfare Programme.
- b) संक्रामक रोगांचा आयुर्वेदीक दृष्टीकोन.
Ayurvedic view of samkramaka rogas.
- c) फिरंग रोग व त्याचा प्रतिबंध.
Syphilis and its prevention.
- d) रूग्णालयातील पृथकरणकक्ष.
Isolation ward in Hospital.
- e) राज्य स्तरीय आरोग्य प्रशासन.
State Health Administration.
- f) आंतरराष्ट्रीय आरोग्य संघटना.
International Health Agencies.
- g) राष्ट्रीय आरोग्य तत्त्व प्रणालीत आयुर्वेदाचा सहभाग.
Role of Ayurved in National Health Policy.
- h) यात्रेकरूंसाठी स्वास्थ्य सल्ला.
Health advice to travellers.
- i) अधिसूचना.
Notification.
- j) प्रमाण विचलन.
Standard deviation.



[Total No. of Pages : 3]

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Final M.D. Ayurveda (SWASTHA VRITTA) (2017) Examination,
(Phase - II) Summer - 2022

YOGA EVAM NISARGOPACHARA - IV

Total Marks : 100

Total Duration : 3 Hours

- Instructions :**
- 1) Use **blue/black** ball point pen only.
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 - 3) **All** questions are **compulsory.**
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) **Use** common answer book for **all** sections.

[1×15=15]

1. दीर्घोत्तरी प्रश्न :

Long answer question :

पंचकोश संकल्पना स्पष्ट करा.

Describe concept of Panchakoshas.

P.T.O.

N - 8542

2. दीर्घोत्तरी प्रश्न :

Long answer question :

षट्चक्रे संकल्पना स्पष्ट करा.

Describe the concept of Shatchakra.

[1×15=15]

3. दीर्घोत्तरी प्रश्न :

Long answer question :

योगाच्या वेगवेगळ्या व्याख्या लिहून त्याचा शरीर व मनावर होणारा परिणाम स्पष्ट करा.

Write different definitions of Yoga and explain the effect of Yoga on body & mind.

4. दीर्घोत्तरी प्रश्न :

[1×15=15]

Long answer question :

निसर्गोपचाराचे सिद्धांत लिहून मृत्तिका चिकित्सा व जलतत्व चिकित्सा वर्णन करा.

Write basic principles of Nisargopchar and explain Mruttika Chikitsa and Jaltatva Chikitsa in detail.

5. लघुत्तरी प्रश्न (दहापैकी कोणतेही आठ) :

[8×5=40]

Short answer question (any eight out of ten) :

- a) पतंजलीचे मतानुसार आसनाबाबत माहिती द्या.
Write about 'Aasan' according to Patanjali.
- b) त्राटक प्रकार.
Write the types of Trataka.
- c) उपवास चिकित्सा.
Fasting therapy.
- d) मधुमेह व उच्चरक्तदाब या व्याधीमध्ये योगिक उपचार.
Yogic practices in Madhumeha & hypertension.
- e) लययोग.
Layayoga.
- f) सुक्ष्म शरीर म्हणजे काय?
Write in brief about concept of Sukshma Sharir.
- g) क्रोमोथेरपी वर्णन करा.
Describe Chromo Therapy.
- h) दशविध यम कोणते त्यांची नावे लिहा.
Write the names of Dashavidh Yama.
- i) ध्यानाचे प्रकार घेरंडसंहितेनुसार लिहा.
Write the types of Dhyana according to Gherand Samhita?
- j) प्राणायामाचे महत्त्व स्पष्ट करा.
Describe the importance of Pranayama.



Final M.D. Ayurveda (Ayurveda Vachaspati - Swastha Vritta & Yoga) (2012) Examination, (Phase - II) Summer - 2022

YOGA - IV

(Syllabus of Final M.D. Ayurveda 2012 is applicable to Old/New/ 2010 Students w.e.f. Summer 2015 Examinations)

Total Duration : 3 Hours

Total Marks : 100

- Instructions :**
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 - 7) Use a common answerbook for **all** sections.

1. दीर्घोत्तरी प्रश्न :

[1×15=15]

Long answer question :

मत्स्यासन – सर्वांगासन करण्याचा विधी व लाभ सांगून शारिर रचना, क्रिया दृष्टीने विशद करा.

Describe procedure and clinical importance of Matsyasan and Sarvangasan as per its anatomical, Physiological aspects.

N - 8479

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33154

[1×15=15]

2. दीर्घोत्तरी प्रश्न :

Long answer question :

योग शास्त्राचा इतिहास सांगून योगी व्यक्तीचा आहार कसा असावा ते स्पष्ट करा.

Explain History of Yogic science and describe ideal diet of yogi purusha.

[1×15=15]

3. दीर्घोत्तरी प्रश्न :

Long answer question :

बहिरंग योगाची दैनंदिन जीवनात उपयोगिता लिहा.

Explain utility of Bahirang yoga in routine life.

4. दीर्घोत्तरी प्रश्न :

[1×15=15]

Long answer question :

त्वचा विकारात योग-निसर्गोपचाराची उपयोगिता लिहा.

Describe therapeutic effect of yoga and Naturopathy in skin diseases.

5. लघुत्तरी प्रश्न (दहापैकी कोणतेही आठ) :

33154

[8×5=40]

Short answer question (any eight out of ten) :

a) टीप लिहा - नौली क्रिया.

Write a short note on Nauli kriya.

b) स्वाधिष्ठान चक्र चिकित्सीय उपयोगिता.

Mention therapeutic utility of Swadhisthan Chakra.

c) ध्यान प्रकार वर्णन करा.

Write a short note on types of Dhyan.

d) वृत्तयः पञ्चतव्यः क्लिष्टाः। ससंदर्भ वर्णन करा.

वृत्तयः पञ्चतव्यः क्लिष्टाः। Explain the sutra with reference.

e) टीप लिहा - मूलबंध.

Write short note on Mula Bandha.

f) निसर्गोपचारातील अग्नितत्व चिकित्सा वर्णन करा.

Describe therapeutic utility of fire element in Naturopathy.

g) उष्ण व शीत जल बाह्य उपचार भेद स्पष्ट करा.

Write difference between hot and cold formentation therapy.

h) मृत्तिका शीतपट्टी बंधन - टीप लिहा.

Write a short note on Cold Mud Pack.

i) मनोमय कोश वर्णन करुन त्याची शुद्धी कशी करावी?

Explain Manomaya Kosha and its tools of purification.

j) निसर्गोपचारातील वायू तत्व चिकित्सा प्रकार सांगा.

Mention different methods of treatment of Air element in Naturopathy.



**Final M.D. Ayurveda (Swasthavritta) (2017)
Examination, (Phase - III) Winter - 2024
VAIYAKTIKA SWASTHAVRITTAM SADVRITTAM CHA - I**

Total Duration : 3 Hours

Total Marks : 100

- Instructions :**
- 1) Use black ball point pen only.
 - 2) Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) All questions are compulsory.
 - 4) The number to the right indicates full marks.
 - 5) Draw diagrams wherever necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answerbook for all sections.

1. दीर्घोत्तरी प्रश्न :

[1×15=15]

Long answer question :

सामाजिक व पर्यावरण स्वास्थ्यामध्ये स्वस्थवृत्ताचे योगदान स्पष्ट करा व स्वास्थ्य निर्देशक सविस्तर लिहा.

Explain role of Swasthavritta in social & environmental health and write health indicators in detail.

2. दीर्घोत्तरी प्रश्न :

[1×15=15]

Long answer question :

आचार्य चरकानुसार विरुद्ध आहार वर्णन करून त्याचा आजच्या काळात स्वास्थ्यावर होणारा परिणाम लिहा.

Describe incompatible diet according to Aacharya Charak & write its effect on health in today's era.

Q. 1. Role of Swasth in Social & Environmental Health

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Q. 2 - चरकानुसार विकार व रसायन [1×15=15]
दीर्घोत्तरी प्रश्न :
Long answer question :

पाण्डु व अम्लपित्त व्याधिमध्ये पथ्यकर व अपथ्यकर आहाराचे सविस्तर वर्णन करा.

Describe pathyakar and apathyakar diet in Pandu & Amlapitta diseases.

4. दीर्घोत्तरी प्रश्न : [1×15=15]

Long answer question :

भावमिश्रानुसार रात्रिचर्या सविस्तर वर्णन करा.

Describe Ratricharya as per Bhavamishra.

5. लघुत्तरी प्रश्न (दहापैकी कोणतेही आठ) : [8×5=40]

Short answer questions (any eight out of ten) :

a) मानसिक स्वास्थ्यामध्ये आयुर्वेदाचे महत्त्व.

Importance of Ayurved in mental health.

b) प्रकृती अनुरूप आहार संकल्पना स्पष्ट करा.

Explain the concept of Prakruti Anurup Aahar.

c) रसायन व्याख्या, प्रकार व रसायनाचा रोगस्थितीत उपयोग.

Define Rasayana and write types and utility in disease conditions.

d) आचार्य चरकानुसार हितकर आहार.

Wholesome diet according to Acharya Charaka.

e) व्याधीप्रतिबंधनासाठी अधारणीय वेगांचे महत्त्व.

Importance of Adharniya Vega in disease prevention.

f) प्रायोगिक धूमवर्ती निर्माण विधी व त्याचे स्वास्थ्यरक्षणात महत्त्व.

Procedure of Prayogic Dhumvarti and its importance in disease prevention.

g) अभ्यंग उपक्रम.

Abhyanga Upakrama.

h) अष्टांगहृदयानुसार अन्नसेवन क्रम लिहा.

Write Annasevankram according to Ashtanghrudaya.

i) कुपोषण म्हणजे काय सांगून कुपोषण संरक्षक आहार लिहा.

Define malnutrition and advice food to prevent malnutrition.

j) स्वास्थ्यामध्ये निद्रेचे महत्त्व.

Importance of Nidra in health.



[Total No. of Pages : 2

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Final M.D. Ayurveda (Swastha Vritta) (2017)
Examination, (Phase - III) Winter - 2024
SAMAJIKA SWASTHAVRITTAM (COMMUNITY HEALTH) - II

Total Duration : 3 Hours

Total Marks : 100

- Instructions :**
- 1) Use **black ball point pen only.**
 - 2) **Do not write anything on the blank portion of the question paper.** If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full marks.**
 - 5) **Draw diagrams wherever necessary.**
 - 6) **Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.**
 - 7) **Use a common answerbook for all sections.**

1. दीर्घोत्तरी प्रश्न : [1×15=15]

Long answer question :

वार्धक्यजन्य समस्यांचे विश्लेषण करून वृद्धावस्थेत आयुर्वेदाचे प्रतिबंधात्मक योगदान लिहा. वृद्धत्व व त्यामुळे होणाऱ्या आजारांवर स्वस्थवृत्ताचे महत्त्व लिहा.

Analyse the old age problems in community and write role of Ayurveda in preventive Geriatrics. Write the importance of Swasthavritta in geriatric care.

2. दीर्घोत्तरी प्रश्न : [1×15=15]

Long answer question :

विसंक्रमणाची व्याख्या, प्रकार, लिहून आयुर्वेद व आधुनिक शास्त्राप्रमाणे संकल्पना स्पष्ट करा.

Write definition, types of disinfection and describe concept of disinfection as per Ayurveda and Modern science.

N - 5381

P.T.O.

3. दीर्घोत्तरी प्रश्न :

Long answer question :

शालेय आरोग्य कार्यक्रमाचा उद्देश लिहून त्यामध्ये आयुर्वेदाचे सविस्तर योगदान स्पष्ट करा.

Write objectives of school health services and describe the role of Ayurveda in it.

[1×15=15]**4. दीर्घोत्तरी प्रश्न :**

Long answer question :

जनसंख्या वृद्धीचे दुष्परिणाम सांगून संतती प्रतिबंधक उपायांचे स्थायी पद्धतीचे वर्णन करा. योगरत्नाकर नुसार आयुर्वेदिक गर्भनिरोधक साधने लिहा.

Write bad effects of population growth and explain the terminal methods of contraception. Mention ayurvedic contraceptives according to Yogratnakar.

[8×5=40]**5. लघुत्तरी प्रश्न (दहापैकी कोणतेही आठ) :**

Short answer questions (any eight out of ten) :

- विकिरण
Radiation.
- वैद्यकीय कीटकशास्त्र
Medical Entomology.
- जीवनशैलीजन्य विकार प्रतिबंधामध्ये आयुर्वेदाचे महत्त्व.
Importance of Ayurveda in prevention of lifestyle disorders.
- 'महानस'
'Mahanas'.
- जैविक घनकचरा निर्मुलन कायदा 1998 व 2016.
Biomedical waste management act 1998 and 2016.
- औद्योगिक स्वास्थ्य आणि ESI कायदा.
Occupational health and ESI Act.
- अशुद्ध वायुमूळे होणारे व्याधी व वायुदूषीचे दुष्परिणाम लिहा.
Write airborne diseases and hazards of air pollution.
- वैद्यकीय परजीवीशास्त्र
Medical parasitology.
- वायो-जीओ-केमीकल चक्राचा स्वास्थ्यावर प्रभाव.
Impact of bio-geo-chemical cycle on health.
- सामाजिक आरोग्याचे महत्त्व.
Importance of community health.



**Final M.D. Ayurveda (Swastha Vritta) (2017)
Examination, (Phase - III) Winter - 2024
YOGA EVAM NISARGOPACHARA - IV**

Total Duration : 3 Hours

Total Marks : 100

- Instructions :**
- 1) Use **black ball point pen only.**
 - 2) **Do not write anything on the blank portion of the question paper.** If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answerbook for **all** sections.

1. दीर्घोत्तरी प्रश्न : [1×15=15]

Long answer question :

योगाचे विभिन्न प्रवाह हठयोग, राजयोग, कर्मयोग आणि ज्ञानयोग सविस्तर वर्णन करा.

Describe different streams of Yoga, Hathayog, Rajyog, Karmyog and Jnyanyog in detail.

2. दीर्घोत्तरी प्रश्न : [1×15=15]

Long answer question :

योगाची आयुर्वेदानुसार व्याख्या सांगून योगाचा शरीर व मनावर होणारा परिणाम लिहा.

Define Yoga according to Ayurveda. Write the physiological effect of Yoga on body and mind.

3. दीर्घोत्तरी प्रश्न :

Long answer question :

षट्चक्रे सविस्तर वर्णन करा. मन संतुलीत राहण्यासाठी षट्चक्राचे महत्त्व सांगा. नाडीशुद्धी लक्षणे थोडक्यात लिहा.

Explain Shatchakras in detail. Write the importance of Shatchakras for balancing mind. Write Nadishuddhi Lakshana in short.

[1×15=15]

4. दीर्घोत्तरी प्रश्न :

Long answer question :

रंगचिकित्सेचे विविध प्रकार वर्णन करून त्याचा शरीरावर होणारा प्रभाव स्पष्ट करा.

Describe Chromo therapy types in detail. Explain its effect on body.

[8×5=40]

5. लघुत्तरी प्रश्न (दहापैकी कोणतेही आठ) :

Short answer questions (any eight out of ten) :

- कुंडलिनी संकल्पना स्पष्ट करा.
Explain concept of Kundalini.
- सत्त्वबुद्धी
Satvabuddhi.
- पंचकोष संकल्पना
Concept of Panchakoshas.
- त्राटक प्रकार व महत्त्व
Types and importance of Trataka.
- कॅन्सर व योगोपचार
Yogopachar in Cancer.
- त्वचारोगात मृत्रिका चिकित्सा.
Mrittika Chikitsa in Skin diseases.
- स्थूल, सुक्ष्म व कारण शरीर संकल्पना.
Sthula, Sukshma and Karan Sharir.
- आचार्य चरकानुसार मुक्त आत्मा लक्षणं.
Mukta-atma lakshana according to Acharya Charaka.
- नैष्ठिकी चिकित्सा लिहा.
Write Naishthiki Chikitsa.
- उपवासाचे महत्त्व लिहा.
Write importance of Upavasa (fasting therapy).



**Final M.D. Ayurveda (Ayurveda Vachaspati - Swastha Vritta & Yoga)
(2012) Examination, Winter - 2024 Phase - III**

SAMAJIKA SWASTHAVRITTAM - II

(Syllabus of Final MD Ayurveda - 2012 is applicable to Old/New/2010 Students w.e.f.
Summer 2015 Examinations)

Total Duration : 3 Hours

Total Marks : 100

- Instructions :**
- 1) Use black ball point pen only.
 - 2) Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) All questions are compulsory.
 - 4) The number to the right indicates full marks.
 - 5) Draw diagrams wherever necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answer book for all sections.

1. दिर्घोत्तरी प्रश्न : [1 × 15 = 15]

Long answer question :

लोकसंख्या वाढीची कारणे लिहून संतती प्रतिबंधनाच्या विविध पद्धती लिहा.

Write causes of population explosion and different methods of family planning.

2. दिर्घोत्तरी प्रश्न : [1 × 15 = 15]

Long answer question :

शालाक्य संबंधी वार्धक्य जनित विकार सांगून आयुर्वेदोक्त उपाय वर्णन करा.

Explain Ayurvedic preventive measures for Ear, Nose, Throat, eyes related Geriatric complaints.

3. दिर्घोत्तरी प्रश्न : [1 × 15 = 15]

Long answer question :

विसंक्रमणाच्या प्राचीन आणि अर्वाचीन पद्धतींचे वर्णन करा.

Write Ancient and Modern methods of disinfectants.

**Final M.D. Ayurveda (Ayurveda Vachaspati - Swastha Vritta & Yoga)
(2012) Examination, Winter - 2024 Phase - III**

SAMAJIKA SWASTHAVRITTAM - II

(Syllabus of Final MD Ayurveda - 2012 is applicable to Old/New/2010 Students w.e.f.
Summer 2015 Examinations)

Total Duration : 3 Hours

Total Marks : 100

- Instructions:**
- 1) Use black ball point pen only.
 - 2) Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) All questions are compulsory.
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 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answer book for all sections.

1. दिर्घोत्तरी प्रश्न :

[1 × 15 = 15]

Long answer question :

लोकसंख्या वाढीची कारणे लिहून संतती प्रतिबंधनाच्या विविध पद्धती लिहा.

Write causes of population explosion and different methods of family planning.

2. दिर्घोत्तरी प्रश्न :

[1 × 15 = 15]

Long answer question :

शालाक्य संबंधी वार्धक्य जनित विकार सांगून आयुर्वेदोक्त उपाय वर्णन करा.

Explain Ayurvedic preventive measures for Ear, Nose, Throat, eyes related Geriatric complaints.

3. दिर्घोत्तरी प्रश्न :

[1 × 15 = 15]

Long answer question :

विसंक्रमणाच्या प्राचीन आणि अर्वाचीन पद्धतींचे वर्णन करा.

Write Ancient and Modern methods of disinfectants.

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**Final M.D. Ayurveda (Ayurveda Vachaspati - Swastha Vritta & Yoga)
(2012) Examination, Winter - 2024 Phase - III
SAMKRAMAKA ROGA PRATISHEDHAM EVAM
SWASTHYAPRASHASANAM - III**

(Syllabus of Final M.D. Ayurveda - 2012 is applicable to Old/New/2010 Students w.e.f. Summer 2015 Examinations)

Total Duration : 3 Hours

Total Marks : 100

- Instructions :**
- 1) Use black ball point pen only.
 - 2) Do not write anything on the blank portion of the question paper. If written anything, such type of act will be considered as an attempt to resort to unfair means.
 - 3) All questions are compulsory.
 - 4) The number to the right indicates full marks.
 - 5) Draw diagrams wherever necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answerbook for all sections.

1. दिर्घोत्तरी प्रश्न :

[1 × 15 = 15]

Long answer question :

व्याधीक्षमत्वाचा साथरोग प्रतिबंधामध्ये कसा उपयोग होतो ते सोदाहरण लिहा.

Explain effect of Vyadhikshamatva in prevention of epidemics with examples.

2. दिर्घोत्तरी प्रश्न :

[1 × 15 = 15]

Long answer question :

जनपदोर्ध्वसं सविस्तर वर्णन करा.

Explain Janapadodhwans in detail.

3. दिर्घोत्तरी प्रश्न :

[1 × 15 = 15]

Long answer question :

ग्रामीण व शहरी हेल्थ मिशन मध्ये आयुर्वेदाचे योगदान स्पष्ट करा.

Explain role of Ayurveda in Rural & Urban health mission.

33153

[1 × 15 = 15]

4. दीर्घोत्तरी प्रश्न :

Long answer question :

राष्ट्रीय राज्य, जिल्हा स्तरावरील आरोग्य व्यवस्थापन सविस्तर वर्णन करा.

Explain central, state and district health administration in detail.

5. लघुत्तरी प्रश्न (दहापैकी कोणतेही आठ) :

[8 × 5 = 40]

Short answer question (any eight out of ten) :

- प्रवाशांना आरोग्यासंबंधित कोणता सल्ला देण्यात येतो ते लिहा.
Explain health advice to travellers.
- NRHM चा उद्देश व कार्य स्पष्ट करा.
Explain motive and functions of NRHM.
- संक्रामक व्याधिसंदर्भात सामान्य प्रयोगशालेय परिक्षण स्पष्ट करा.
Explain general laboratory investigations in communicable diseases.
- व्याधी सर्वेक्षण स्पष्ट करा.
Explain disease surveillance.
- जैविक घनकचरा निर्मूलन स्पष्ट करा.
Explain Bio Medical Waste management.
- अल्मा आटा डिक्लेरेशन स्पष्ट करा.
Explain Alma Ata declaration.
- आरोग्य सांख्यिकी व्याख्या महत्व स्पष्ट करा.
Explain vital statistics, definition & importance.
- आपत्ती व्यवस्थापनातील तयारी सोदाहरण स्पष्ट करा.
Explain disaster management preparedness with examples.
- माहिती लिहा - पूयमेह.
Explain Gonorrhoea in detail.
- मधुमेहावर आहार व जीवनशैलीचा परिणाम स्पष्ट करा.
Explain effect of diet & lifestyle on Diabetes Mellitus.

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Final M.D. Ayurveda (Swastha Vritta) (2017)
Examination, (Phase - III) Winter - 2024
SAMKRAMAKA ROGA PRATISHEDHAM EVAM
SWASTHYAPRASHASANAM - III

Total Duration : 3 Hours

Total Marks : 100

- Instructions :**
- 1) Use **black ball point pen only.**
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 - 3) **All questions are compulsory.**
 - 4) The number to the **right** indicates **full** marks.
 - 5) Draw diagrams **wherever** necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. The Question paper pattern is a mere guideline. Questions can be asked from any paper's syllabus into any question paper. Students cannot claim that the Question is out of syllabus. As it is only for the placement sake, the distribution has been done.
 - 7) Use a common answerbook for **all** sections.

1. दीर्घोत्तरी प्रश्न :

[1×15=15]

Long answer question :

जनपदोद्ध्वंसाची कारणे, प्रतिबंधात्मक व व्याधीनियंत्रक उपाय वर्णन करून सुश्रुतानुसार मरक संकल्पना लिहा.
Describe causes, preventive and promotive measures of Janapadodddhwamsa.
Mention concept of Maraka according to Sushruta.

2. दीर्घोत्तरी प्रश्न :

[1×15=15]

Long answer question :

महामारी व्याधीची व्याख्या, तपास आणि नियंत्रण वर्णन करून त्यात आयुर्वेदाचे योगदान लिहा.
Define epidemic. Describe investigation and control of epidemic in detail.
Write contribution of Ayurveda in it.

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जनपदस्थले कमी, प्रतिस्पर्धात्मक

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3. दीर्घोत्तरी प्रश्न :

व्याधिविषयक 3 पाया - शु-मार्क [1×15=15]

Long answer question :

कुप्रसंगज व्याधी म्हणजे काय कोणत्या ही कुप्रसंगज व्याधी व जीवाणुंची कोणतेही पाच नावे लिहून एड्स
व्याधी कारणे, लक्षणे व एड्स नियंत्रण कार्यक्रम लिहा.

What is meant by sexually transmitted diseases. Mention any five causative agents of sexually transmitted diseases. Write etiology, symptoms of AIDS and AIDS control programme in detail.

[1×15=15]

4. दीर्घोत्तरी प्रश्न :

Long answer question :

भारतातील स्वास्थ्य प्रशासनाविषयी वर्णन करा.

Explain Health administration in India.

[8×5=40]

5. लघुत्तरी प्रश्न (दहापैकी कोणतेही आठ) :

Short answer questions (any eight out of ten) :

- प्रवाशांसाठी आरोग्यविषयक आयुर्वेदिय संकल्पना.
Ayurvedic concept of health for travelers.
- आपदा व्यवस्थापन.
Disaster management.
- सांख्यिकी सामग्री प्रदर्शनाच्या पद्धती लिहा.
Describe methods of presentation of data collection.
- संक्रामक व्याधी सुश्रुत कल्पना.
Sankramaka Vyadhi Sushruta concept.
- आयुष रचना व कार्यपद्धती.
Write the structure and administration of 'AYUSH'.
- युनिसेफ
UNICEF.
- गोवर व्याधीची लक्षणे व अवस्था लिहा.
Write the sings and stages of measles.
- मलेरीया नियंत्रक कार्यक्रमात आयुर्वेदाचे योगदान.
Contribution of Ayurveda in malaria control programme.
- राष्ट्रीय स्वास्थ्य नीती.
National Health Mission.
- स्वच्छ भारत अभियान.
Swachha Bharat Abhiyan.



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FINAL M.D. AYURVEDA (SWASTHA VRITTA) 2017

Vaiyaktika Swasthavrittam Sadvrittam Cha - I

Total Duration : 3 Hrs.

Total Marks : 100

- Instructions :
- 1) Use black ball point pen only.
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 - 3) All questions are compulsory.
 - 4) The number to the right indicates full marks.
 - 5) Draw diagrams wherever necessary.
 - 6) Distribution of syllabus in Question Paper is only meant to cover entire syllabus within the stipulated frame. This format is a mere guideline. Questions from the syllabus can be asked in any paper. Students cannot claim that the Question is out of syllabus, as this format and distribution has been given only for the sake of placement.
 - 7) Use a common answer book for all sections.

1. दीर्घोत्तरी प्रश्न : (1x15=15)
Long answer question :
भावमिश्रोक्त दिनचर्या सविस्तर वर्णन करुन सद्यःकालामध्ये आयुर्वेदोक्त दिनचर्येची उपयुक्तता स्पष्ट करा.
Describe Dinacharya according to Bhavamishra and explain the importance in present era.
2. दीर्घोत्तरी प्रश्न : (1x15=15)
Long answer question :
ऋतुसंधीमध्ये शोधनोपक्रमाचे महत्व सविस्तर लिहा.
Write in detail the importance of Shodhanopakrama of Ritusandhis.
3. दीर्घोत्तरी प्रश्न : (1x15=15)
Long answer question :
त्रयोपस्तंभ वर्णन करुन त्याचे आजच्या युगातील रोग प्रतिबंधात्मक महत्व सविस्तर स्पष्ट करा.
Describe Trayopastambha and explain its importance as preventive measures in today's era.
4. दीर्घोत्तरी प्रश्न : (1x15=15)
Long answer question :
हृद्रोग व आम्लपित्त व्याधीमध्ये पथ्यापथ्यकर आहार विहार वर्णन करा.
Describe pathyakar and apathyakar aahar and vihar in Hridroga and Amlapitta.

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5. लघूत्तरी प्रश्न (दहापैकी कोणतेही आठ) :

(8x5=40)

Short answer question (any eight out of ten) :

- a) धारणीय वेग धारणाचे स्वास्थ्य रक्षणामध्ये महत्त्व लिहा.
Describe importance of Dharaniya vega dharana in Swasthyarakshan.
- b) अभ्यंग उपक्रम
Abhyanga Upakrama
- c) आरोग्याचे शारीरिक पैलू स्पष्ट करा.
Describe physical dimensions of health.
- d) शाकाहार व मांसाहाराचे फायदे व तोटे वर्णन करा.
Pros and Cons of vegetarian and non vegetarian foods.
- e) तक्रवर्ग सुश्रुतानुसार
Takravarga as per Sushruta.
- f) सद्वृत्त पालनाचे व्याधी प्रतिबंधात्मक व स्वास्थ्य रक्षणात्मक वर्णन करा.
Importance of Sadvritta in disease prevention and health promotion.
- g) कुपोषण म्हणजे काय सांगून कुपोषण संरक्षक आहार लिहा.
Define Malnutrition and advice food to prevent Malnutrition.
- h) चरकोक्त त्रिविध बलाची व्यावहारिक उपयुक्तता स्पष्ट करा.
Practical implementation of Charakokta Trividha Bala.
- i) जागतिक आरोग्य संघटनेनुसार आरोग्याची व्याख्या स्पष्ट करा.
Define and explain Health according to WHO.
- j) मानसिक आरोग्यामध्ये आयुर्वेदाचे महत्त्व.
Role of Ayurveda in Mental health.

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